



## Supporting Your Vision of Real Life Success for Adult Life

**Brett DiNovi & Associates (BDA)** understands the changing needs of individuals with developmental and intellectual disabilities as they transition into adult life. We have supported many families, including our own, on the journey that will shape the rest of an adult's life. Each individual is unique, with different needs and goals, so we work together with the entire family and your support coordinator to develop a personalized plan focused on your vision for real life success in a safe and productive manner. We are committed to positive outcomes and invest heavily in our staff so you are sure to receive the highest quality support. Our approach is to use the scientific principles of applied behavior analysis (ABA) proven in real world application. Many of our clinicians have Registered Behavior Technician (RBT) credentials through the Behavior Analyst Certification Board which helps ensure they are highly qualified. In addition, all of our clinicians must pass rigorous qualification checks and participate in ongoing quality training programs under the direction of one of our Board Certified Behavior Analysts (BCBAs). Through the DDD Supports Program we are able to provide support in 3 ways:



### **Behavior Supports (Assessment and Monitoring) – Understanding needs and taking action**

One of our highly skilled BCBAs conducts an initial assessment called a Functional Behavior Assessment (FBA) and uses the results to create a behavior intervention plan aimed at achieving substantial and positive behavior change. Through this process you may also learn how to work through problem behaviors with your son, daughter or loved one. The BCBA continues to monitor this plan and in many cases we are able to systematically decrease the monitoring which can result in resources being applied to other supports.

*Often times the best results are achieved when behavior supports are given at the same time as other supports. This helps lessen the problem behaviors that limit access to the community and maximizes the social skill acquisition that is an essential part of supported employment.*

### **Supported Employment – Linking individuals to rewarding employment**

Having a job or a career is a major contributor to quality of life and for some, independence. The focus of supported employment is to successfully integrate an individual into the workforce and enable full participation in the activities of the workplace. Supports are personalized to address the individual's unique employment related challenges such as communication, behaviors or job related skill acquisition as well as the employer's needs. Supports may be provided on the job or off-site. All support is aimed at ensuring the individual is meeting job expectations and has the support needed to overcome challenges they face in the workplace.

### **Community Based Supports – Integrating into the community**

Community supports focuses on integration into the communities and places where you and your son or daughter spend time. A clinician starts by working with you to identify the individual's goals and the everyday challenges they face. Based on this, real life opportunities are created through in home and community based activities aimed at increasing participation in and contribution to community life. Activities can be engaging in recreational events, maintaining physical health, building meaningful relationships, supporting family well-being or strengthening independence.